



Kalymnos 48h, an extended 48 hours of adventure

	DAY 1	DAY 2	DAY 3	DAY 4
8:00		breakfast	breakfast	breakfast
9:00	arrivals & check in	crusing kalymnos	climbing yoga hiking	yoga caving mountain bike climbing
10:00		snorkel with wild dolphins scuba diving		
11:00				
12:00		lunch on board		on any other activities upon request
13:00	lunch		lunch	
14:00		deep water solo or belay from the boat		
15:00	orientation speech		cultural trail of vathy valey on horses & ancient sightseeing	lunch
16:00				
17:00	culture evening	free time		
18:00				
19:00	or any activities upon request	yoga	campfire bbq	check out
20:00				
21:00	dinner	dinner	closing ceremony	

- NOTES :**
- * A slack line will be installed on site for the whole duration of the retreat
 - * Massage upon request for scheduling
 - * Via Ferrata's duration is at least 3 hours. To be decided in orientation meetin